



Costa Rica Field Course



Meeting #1
April 1, 2026



Agenda

- Welcome and Intros
- Logistics: Flights, passports, pre-hotel reservations, etc.
- Course overview
- Health protocols
- Next steps
- Q&A

Introductions

- Name/Nickname
- Major/Minor
(and University if you don't attend Humboldt)
- One topic you are **EXCITED** to learn about during the course

Flights - *purchase soon while prices are lower*



Fly into **SJO** (Juan Santamaría International Airport)

- Arrive before 10:30 am on Tuesday, May 26st (first day of course)*
- Depart after 10:30 am on Saturday, June 6th (last day of course)

**Your preferred flight may arrive the day before the class starts (May 25th). If you arrive on that day you will need to make a reservation & stay at our designated hotel*

Once you purchase your ticket, enter your [flight information](#) online

***** ALSO AT THAT LINK: CONTACT INFO (TO CONNECT WITH OTHERS) & PRE-ARRIVAL HOTEL RESERVATIONS *****

Flight & Packing Suggestions

- Try to fly out of a major airport (SFO, LAX, etc.). LAX has less expensive, nonstop flights to SJO.
- Don't pay to check a bag (try to bring only a roller carry-on and daypack) - the cost of checked bags depends on airline
- Pack light! You can wash clothes during the course & our bus will have **LIMITED LUGGAGE SPACE**



Pre-Arrival Hotel Near Airport (May 25, if applicable)

For safety reasons, EVERYONE ARRIVING EARLY needs to stay at the designated hotel near the SJO airport on 25 May.

Hotel Casa Tago +506-2431-3121

275 meters East of Juan Santa Maria Park
(275 metros este del Parque Juan Santa Maria)

<https://www.hotelcasatago.com/index.php/es/>



We have a **LIMITED** number of rooms being held for our group on a **FIRST-COME, FIRST-SERVED BASIS UNTIL FRIDAY APRIL 17th ONLY!**





More Information & to reserve: [lodging sheet](#)

IMPORTANT: Reserving is a **COMMITMENT** to pay the hotel since they will hold it for you. **Cost is on your own. It is NOT included in the program fee.**

Missing Information PART 1 (as of today) [Link](#)

NAME	FLIGHT/PRE-HOTEL	PASSPORT
Gunnar Arnwine	✓ - RESERVED Flight # Needed	Pic page ONLY
Tey Aszterbaum	X - ?	X
Bo Bacon	✓ - na	Pic page ONLY
Zella Bose 	✓- na	✓
Arabella Daly Rodriguez 	✓ - RESERVED	✓
Carsten Etling	✓- na	X
Elijah Fillice	X - ?	X
Jesua Garcia	X - ?	X
Samuel Huecker	X - ?	X

Missing Information PART 2 (as of today) [Link](#)

NAME	FLIGHT/PRE-HOTEL	PASSPORT
Linayah Kuraspediani	X - ?	X
Kaitlyn Long 	✓ - na	✓
Ro Meisler	X - na: Arrive 26th?	✓
Lily Merrell 	✓ - na	✓
Alyssa Raffaelli	✓ - na	X
Grant Sims 	✓ - na	✓
Ryan Solozano	✓ - na	X
Francisco Valdez	X - ?	X
Liam Walsh 	✓ - na	✓

PLEASE PROVIDE INFORMATION ASAP

Other Items: Course Registration & Fees (look for an email from Kerry with more detail)

1. Pay remaining balance
2. Register (if needed) and pay the balance in full, OR set up a payment plan

NOTE: You may be dropped from the program if there is no follow through on these steps

NOTE: CONTACT KERRY FOR MORE INFORMATION
kg291@humboldt.edu

Course overview

Course details:

- **GEOG 301 or ESM 301 course units (3 units)**
- Cal Poly Humboldt Area D General Education requirement & elective for ESM, GEOG, and ENST majors

Program dates:

Part 1. Pre-departure course meetings (3 meetings including today)

Part 2. Pre-departure module (May 18-22): Online assignments and discussion of course materials on Canvas (~10-12 hours of work)

Part 3. Costa Rica program: Tuesday, May 26 to Saturday, June 6, 2026

Part 4. Post-trip work (June 6 - July 6): independent research paper (~10 hours of work) and communication with Professor Andy Stubblefield

Health protocols

- Negative COVID test prior to start of course.
- Bring 2+ rapid antigen tests with you to Costa Rica (1 used upon arrival & 1+ extra in case of symptoms)
- Have 2+ face masks on-hand ALWAYS for immediate use in case of an outbreak
- COVID symptoms will result in self-isolation (local law mandates 7 days of quarantine if tested positive)
- We must all be vigilant. **One positive test can jeopardize the entire course!**
- All health protocols available online:

<http://www.earthedintl.org/Policies.htm#Health>



Next Steps and Reminders

- Email us BOTH FULL passport pages (picture & signature pages)
- Purchase plane ticket & enter details into [flight itinerary sheet](#) ASAP
- Arrange lodging/coordinate your fellow students IF ARRIVING EARLY to Costa Rica. Connect via the [contact page](#) of flight itinerary sheet.
- We expect to meet two more times prior to departure (late April/May)
- Look for an email coming soon to complete a course [assessment survey](#)
- Canvas assignments the week after finals (20% of grade). Site available mid- to late-April.

**Please check email regularly for updates and announcements.
Thank you for being responsive and adhering to deadlines!!**

Questions?

